

## Payment Information

Name of Participant:

Name of Participant #2: (if applicable)

Name of Participant #3: (if applicable)

Name of Parent: (if applicable)

Address:

Phone:

E-Mail:

Are you a Member? YES / NO

Membership #:

Method of Payment:

- Cash
- Check (payable to AFC)
- Credit Card

(Please refer to packages listed)

Cost:

Package Purchased:

*Please return completed form with payment to the front desk at North or South AFC.*



## General Information

**What age groups are the lessons for?** Open to all ages, preschool—adult

**How long are the lessons?** 30 minutes

**Where are the lessons held?** North AFC, 2622 Stange Rd

**What types of things are taught in the lessons?** All lessons are customized to the participant's skill level. It may be as simple as learning to put your head in the water to more advanced lessons that include specific stroke instruction.

**How do I sign up?** Sign up can be completed online at [www.amesracfit.com/indoorpool.aspx](http://www.amesracfit.com/indoorpool.aspx) or fill out the registration form and return it to the front desk at the North or South AFC. Please direct any questions to Megan at 515-232-1911 or [meganw@amesfitness.com](mailto:meganw@amesfitness.com).

## Policies

- An instructor will be assigned to fit the needs and schedule of each participant.
- We ask that you exit the pool immediately upon completion of the lesson.
- As a professional courtesy, there will be no charge for lessons that are cancelled with more than 24 hours notice. Lessons that are not cancelled within 24 hours will be charged for the full price. Please contact your instructor directly to cancel.
- Swim lessons are non-refundable. We reserve the right to reassign packages to another swim instructor. In the event that the fitness center membership expires or is cancelled, the Buyer agrees that any remaining sessions will be refigured at the nonmember rate and as a result, some sessions may be forfeited.

### Individual Packages:

	Member / Non-Member	Total
15 Sessions	\$32/44	\$480/660
12 Sessions	\$33/45	\$396/540
8 Sessions	\$34/46	\$272/368
5 Sessions	\$35/47	\$175/235
3 Sessions	\$36/48	\$108/144

### Partner Packages: (2 students /class)

	Member / Non-Member	Total
15 Sessions	\$18/25	\$540/750
12 Sessions	\$19/26	\$456/624
8 Sessions	\$20/27	\$320/432
5 Sessions	\$21/28	\$210/280
3 Sessions	\$22/29	\$132/174

\*Additional student may be added for \$15/lesson.  
\*Participants are responsible for forming their own groups

**South Ames Fitness Center**  
3600 University Blvd

**North Ames Fitness Center**  
(POOL LOCATION)  
2622 Stange Rd



[www.amesfitness.com](http://www.amesfitness.com)

# Ames Fitness Center Swim Lessons

